

KINESIOLOGY TRANSFER PROGRAM OF STUDY

As a Kinesiology major, understanding your options is important. Common tracks are pre-physical therapy, physical education, athletic training, and exercise science. Kinesiology is an applied learning major and is primarily offered through the CSU system. CSU schools require the completion of 60 transferable units that include English 1A, a critical thinking course, and an oral communication class.

Working with a counselor is the best way to map out a transfer plan. We highly recommend that you make an appointment with a counselor to develop an education plan that meets your needs.

The courses listed below are commonly required major preparation classes for this major at 4-year transfer institutions. This is not a degree, but a list of preparation course options for transfer. **Required classes can vary**, please visit the Assist website for specific CSU and UC major prep classes.

Link to ASSIST Website <http://www.assist.org/web-assist/welcome.html>
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Common CSU Kinesiology Major Prep Classes

Course Prefix	Course Name	Units
ANAT 10A	Introductory Human Anatomy	4
ANAT 35	Human Anatomy	5
ANAT 10B	Introductory Human Physiology	4
ANAT 36	Human Physiology	5
BIOL 1	General Biology	4
BIOL 2	Plant and Animal Biology	4
BIOL 4	Biology for Majors	4
or BIOL 4H	Biology for Majors - Honors	
CHEM 50	General Chemistry I	5
or CHEM 50H	General Chemistry I - Honors	
CHEM 51	General Chemistry II	5
CHEM 80	Organic Chemistry I	5
CHEM 81	Organic Chemistry II	5
KIN 3	First Aid and CPR	3
KIN 5	Advanced First Aid/CPR/Emergency Response	3
KIN 17	Introduction to Kinesiology	3
KIN 19	Introduction to Care/Prevention of Activity/Sports -Related Injuries	3
KIN 34	Fitness for Living	3
MATH 110	Elementary Statistics	3
PSYC 10	Statistics for the Behavioral Sciences	4
MATH 130	College Algebra	4
MATH 150	Trigonometry	3
MICR 1	Principles of Microbiology	5
MICR 22	Microbiology	4
PHYS 1	Physics	4
PHYS 2AG	General Physics	4
PHYS 2BG	General Physics	4
PHYS 6A	General Physics with Calculus	5

PHYS 6B	General Physics with Calculus	5
PHYS 4A	Engineering Physics	5
PHYS 4C	Engineering Physics	5
PSYC 1A	Introduction to Psychology	3

General Education Patterns

Intersegmental General Education Transfer Curriculum (http://www.mtsac.edu/transfer/ge_sheets/IGETC.pdf) (UC/CSU)
California State University General Education (http://www.mtsac.edu/transfer/ge_sheets/CSUGE.pdf) (CSU)