

NUTRITION AND DIETETICS (AS-T DEGREE S0422)

Business Division S0422

The Associate in Science in Nutrition and Dietetics for Transfer introduces students to the principles and methodologies used in the study of nutrition and dietetics. Students will acquire the foundational knowledge necessary to pursue post-secondary degrees in nutrition and dietetics.

To earn an Associate of Science in Nutrition for Transfer degree, a student must complete 60 semester units that are eligible for transfer to the CSU system that consist of the IGETC pattern or CSU GE breadth and a major of 18 units more. Students must have a minimum GPA of 2.0 in all CSU-transferable coursework to receive an associate degree for transfer and all courses in the major must be completed with a C or better. Students earning an associate degree for transfer will not be required to complete any other local graduation requirements.

Required Courses

Course Prefix	Course Name	Units
Core Courses		
CHEM 50 or CHEM 50H	General Chemistry I General Chemistry I - Honors	5
NF 25 or NF 25H	Introduction to Nutrition Science Introduction to Nutrition Science - Honors	3
PSYC 1A or PSYC 1AH	Introduction to Psychology Introduction to Psychology - Honors	3
Select one course:		4-5
MICR 1 or MICR 22	Principles of Microbiology Microbiology	
List A		
Choose two courses		7-8
ANAT 10A or ANAT 10B	Introductory Human Anatomy ¹ Introductory Human Physiology	
MATH 110 or MATH 110H or PSYC 10	Elementary Statistics Elementary Statistics - Honors Statistics for the Behavioral Sciences	
List B		
Choose one course		
NF 20	Principles of Food with Laboratory	3
NF 28	Cultural and Ethnic Foods	3
Total Units for Major		25-27
CSU General Education or IGETC Pattern ²		39-42
Total Units		60

¹ Students cannot be awarded credit for

² Courses may be double-counted with either CSU-GE or IGETC.

Nutrition and Food Website (<http://www.mtsac.edu/nutrition/>)

Program Learning Outcomes

Review [Student Learning Outcomes \(SLOs\)](#) for this program.