# ADDICTION COUNSELING (AS DEGREE S0657)

#### Technology and Health Division Degree S0657

In this program the student integrates theory and practical experience in developing skills necessary to work with persons with addiction disorders, their families, and employers. The curriculum is designed to meet the credentialing requirements of the California Association of Alcohol/Drug Educators and the California Consortium of Addiction Programs and Professionals. Students who complete this option qualify for employment in a variety of addiction treatment settings.

This degree requires the completion of General Education (https://catalog.mtsac.edu/programs/degrees-certificates/#qerequirementstext) coursework plus the following:

# **Required Courses**

| Course Prefix      | Course Name   | Units |
|--------------------|---|-------|
| AD 1               | Alcohol and Drug Dependency                                 | 3     |
| AD 2               | Physiological Effects of Alcohol and Drugs                  | 3     |
| AD 3               | Addiction: Prevention, Intervention, and Recovery           | 3     |
| AD 4               | Issues in Domestic Violence                                 | 3     |
| AD 6               | Co-Occurring Disorders                                      | 3     |
| AD 8               | Group Process and Leadership                                | 3     |
| AD 9               | Family Counseling   | 3     |
| AD 10              | Case Management and Documentation                           | 3     |
| AD 11              | Techniques of Interviewing and Counseling                   | 3     |
| AD 15A             | Introduction to Laws and Ethics for Addiction<br>Counselors | 1     |
| AD 15B             | Law and Ethics for Addiction Counselors                     | 1     |
| AD 82A             | Work Experience in Addiction Counseling A                   | 2     |
| AD 82B             | Work Experience in Addiction Counseling B                   | 2     |
| Required Electives |   |       |
| Choose two courses | from the following list                                     | 6     |
| CHLD 10            | Child Growth and Lifespan Development                       |       |
| or CHLD 10H        | Child Growth and Lifespan Development - Honors              |       |
| NF 10              | Nutrition for Health and Wellness                           |       |
| NF 25              | Introduction to Nutrition Science                           |       |
| or NF 25H          | Introduction to Nutrition Science - Honors                  |       |
| PSYC 1A            | Introduction to Psychology                                  |       |
| or PSYC 1AH        | Introduction to Psychology - Honors                         |       |
| PSYC 1B            | Biological Psychology                                       |       |
| PSYC 14            | Developmental Psychology                                    |       |
| or PSYC 14H        | Developmental Psychology - Honors                           |       |
| PSYC 15            | Introduction to Child Psychology                            |       |
| PSYC 17            | Introduction to Human Services                              |       |
| PSYC 19            | Abnormal Psychology   |       |
| PSYC 20            | Introduction to Social Psychology                           |       |
| PSYC 25            | The Psychology of Women                                     |       |
| PSYC 26            | Psychology of Sexuality                                     |       |
| PSYC 33            | Psychology for Effective Living                             |       |
| SOC 1              | Introduction to Sociology                                   |       |
| or SOC 1H          | Introduction to Sociology - Honors                          |       |
| SOC 2              | Contemporary Social Problems                                |       |
|                    |   |       |

| or SOC 2H  | Contemporary Social Problems - Honors           |
|------------|---|
| SOC 4      | Introduction to Gerontology                     |
| SOC 5      | Introduction to Criminology                     |
| or SOC 5H  | Introduction to Criminology - Honors            |
| SOC 7      | Religion, Culture, and Change                   |
| SOC 14     | Marriage and the Family                         |
| or SOC 14H | Marriage and the Family - Honors                |
| SOC 15     | Sociology of Childhood and Adolescence          |
| SOC 20     | Introduction to Race and Ethnicity              |
| or SOC 20H | Introduction to Race and Ethnicity - Honors     |
| SOC 36     | Pacific Islands' and Asian American Communities |
| SOC 40     | Introduction to Sex and Gender Roles            |
| or SOC 40H | Introduction to Sex and Gender Roles - Honors   |

Total Units 39

Addiction Counseling Website (https://www.mtsac.edu/mental-health/addiction-counseling/)

Guided Pathways of Study Suggested Course Sequence (https://www.mtsac.edu/guided-pathways/pathway-results.html? pthwyvar=S0657&desc=Addictions+Counseling%2C+AS+S0657&status=online)

#### **Eligibility Requirements**

- File a College application and be accepted as a student at Mt. San Antonio College.

#### **Selection Procedures**

- All classes are open to all students who meet admission requirements and course prerequisites.
- a) Restricted Electives can be taken in conjunction with core and skills courses
- b) Refer to Schedule of Credit Classes for sequence of courses
- c) For questions, call the division office at (909) 594-5611, ext.4750

#### Working environment:

May be exposed to infectious and contagious disease, without prior notification

May be exposed to the risk of blood borne diseases

Exposed to hazardous agents, body fluids and wastes

Exposed to odorous chemicals and specimens

Subject to hazards of flammable, explosive gases

Subject to burns and cuts

Contact with patients having different religious, culture, ethnicity, race, sexual orientation, psychological and physical disabilities, and under a wide variety of circumstances

Handle emergency or crisis situations

Subject to many interruptions

Requires decisions/actions related to end of life issues

Exposed to products containing latex

Exposure to a highly charged emotional environment which can be stressful intense

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 File a College application and be accepted as a student at Mt. San Antonio College.

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 All classes are open to all students who meet admission requirements and course prerequisites.

# **Special Instructions**

- Restricted Electives must be taken prior to enrollment in Field Experience
- Restricted Electives can be taken in conjunction with core and skills courses
- 3. Refer to Schedule of Credit Classes for sequence of courses
- 4. For questions, call the division office at (909) 274-7500, ext.4750

## Working Environment

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# **English Language Skills**

Although proficiency in English is not a criterion for admission, students are encouraged to be able to speak, write and read English to complete classes successfully and to ensure safety for themselves and others.

The Alcohol and Drug Counseling program is accredited by the California Association for Alcohol/Drug Educators and the California Consortium of Addiction Programs and Professionals.

#### Contact:

California Association for Alcohol/Drug Educators 5230 Clark Avenue, Suite 3
Lakewood, CA 90712
(707) 722-2331
www.caade.org (http://www.caade.org/)

California Consortium of Addiction Programs and Professionals 5861 Cherry Avenue, Suite 301 Long Beach, CA 90805 https://ccapp.us/

#### **Program Learning Outcomes**

Upon successful completion of this program, a student will be able to:

- Be technically competent to safely practice as an entry-level alcohol & drug counselor.
- Demonstrate an understanding of ethical & legal requirements for alcohol & drug counselors.
- Demonstrate the ability to develop and achieve entry-level professional goals
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- Demonstrate competency in basic counseling skills commensurate with an entry level practitioner in the addictions counseling field.
- Demonstrate the ability to assess, intervene, and refer clients with cooccurring mental health and substance abuse disorder to appropriate resources.
- Students completing the certificate/associates degree program will demonstrate the ability to prepare and develop professional treatment plans and other clinical documentation.

Review Student Learning Outcomes (SLOs) for this program.