

# STUDY TECHNIQUES (STDY)

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## **STDY 80 Foundations for Academic Success**

**3 Units** (Not Degree Applicable)

(May be taken for option of letter grade or Pass/No Pass)

Lecture: 54

College success course emphasizing academic achievement that promotes learning through self awareness, time management, listening, note taking, oral and written communication, test taking, memorization, and the use of campus resources using a brain-based perspective.

Course Schedule

## **STDY 85A Basic Overview of Strategies for Academic Success**

**1 Unit** (Not Degree Applicable)

Lecture: 18

College success study techniques course emphasizing memory, motivation, note-taking, test-taking, and time management strategies.

Course Schedule

## **STDY 85C Online Learning Success Skills**

**1 Unit** (Not Degree Applicable)

Lecture: 18

Advisory: Eligibility for ENGL 67 and Eligibility for READ 90

Introductory college success course overview for online learning using a brain-based perspective emphasizing success strategies designed to prepare students to take online classes and to introduce students to strategies for online learning.

Course Schedule

## **STDY 100 University-level Practices for Academic Success**

**3 Units** (Degree Applicable, CSU)

Lecture: 54

Advanced transfer-level college success course emphasizing research-based effective practices for academic success, including self-knowledge and self-regulation, learning theories, preparation for transfer, academic study strategies, health and wellness, and critical thinking.

Course Schedule