Psychology (PSYC)

**PSYC 1A  Introduction to Psychology**  
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 110)  
Lecture: 54  
Prerequisite: Eligibility for ENGL 1A  
Advisory: Eligibility for READ 100 or completion of AMLA 33R

Psychological approaches to the study of behavior and mental processes. Topics include the history of psychology, psychological research methods, biological psychology, sensation and perception, consciousness, learning, memory, cognition, intelligence, language, lifespan development, motivation and emotion, applied psychology (e.g., gender and sexuality and stress and health), social psychology, personality, psychological disorders, and psychological treatment.  
Course Schedule

**PSYC 1AH  Introduction to Psychology - Honors**  
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 110)  
Lecture: 54  
Prerequisite: Acceptance into the Honors Program  
Advisory: Eligibility for READ 100 or completion of AMLA 33R

Psychological approaches to the study of behavior and mental processes. Topics include the history of psychology, psychological research methods, biological psychology, sensation and perception, consciousness, learning, memory, cognition, intelligence, language, lifespan development, motivation and emotion, applied psychology (e.g., gender and sexuality and stress and health), social psychology, personality, psychological disorders, and psychological treatment. An honors course designed to provide an enriched experience. Students may not receive credit for both PSYC 1A and PSYC 1AH.  
Course Schedule

**PSYC 1B  Biological Psychology**  
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 150)  
Lecture: 54  
Prerequisite: PSYC 1A or PSYC 1AH  
Advisory: Eligibility for ENGL 1A

Biological mechanisms of behavior. Includes evolution and genetics with emphasis on neuronal and synaptic transmission. Develops a conceptual framework and awareness of the scientific method. Stresses specific methods of investigation for the discipline.  
Course Schedule

**PSYC 3  Introduction to Research Methods in Psychology**  
4 Units (Degree Applicable, CSU, UC, C-ID #: PSY 205B)  
Lecture: 54  
Lab: 54  
Prerequisite: PSYC 1A or PSYC 1AH and PSYC 10 or MATH 110 or MATH 110H

Research methods in psychology. Includes systematic observation, research design, survey development, execution and analysis of experimental and other research methods, and American Psychological Association (APA) publication style writing.  
Course Schedule

**PSYC 3H  Introduction to Research Methods in Psychology - Honors**  
4 Units (Degree Applicable, CSU, UC, C-ID #: PSY 205B)  
Lecture: 54  
Lab: 54  
Prerequisite: Acceptance into the honors program and (PSYC 1A or PSYC 1AH) and (PSYC 10 or MATH 110 or MATH 110H)

Research methods in psychology. Includes systematic observation, research design, survey development, execution and analysis of experimental and other research methods, and American Psychological Association (APA) publication writing style. An honors course designed to provide an enriched experience. Students may not receive credit for both PSYC 3 and PSYC 3H.  
Course Schedule

**PSYC 5  Psychology of Reasoning and Problem Solving**  
3 Units (Degree Applicable, CSU)  
Lecture: 54

The components involved in reasoning and problem solving from a psychological perspective. These components assess many facets of the critical thinking process, including perception, learning, memory, thought and language, reasoning, argument, hypothesis testing, likelihood and uncertainty, decision making (logical fallacies, heuristics, cognitive distortions), problem solving, creativity, and behavior modification. This course also contains a practical application element involving systematic introspection and analysis of one's cognitive processes.  
Course Schedule

**PSYC 10  Statistics for the Behavioral Sciences**  
4 Units (Degree Applicable, CSU, UC)  
Lecture: 54  
Lab: 54  
Prerequisite: (PSYC 1A or SOC 1) and eligibility for MATH 110

Statistical principles of the behavioral sciences emphasizing research design, scales of measurement, distributions, graphing, descriptive statistics, measures of central tendency, measures of variability, z-test, independent and dependent t-tests, inferential statistics, confidence intervals, linear correlations and regression, and analysis of variance, including multivariate factorial designs and chi square analyses. Statistical analyses through the use of computerized statistical packages are interpreted through lab experience.  
Course Schedule

**PSYC 14  Developmental Psychology**  
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 180)  
Lecture: 54

Psychological principles of human development across the lifespan, from birth to death. This course does not fulfill the Title 22 requirements for Child Development majors.  
Course Schedule
PSYC 14H Developmental Psychology - Honors
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 180)
Lecture: 54
Prerequisite: Acceptance into the Honors program

Psychological principles of human development across the lifespan, from birth to death. This course does not fulfill the Title 22 requirements for Child Development majors. An honors course designed to provide an enriched experience. Students may not receive credit for both PSYC 14 and PSYC 14H.
Course Schedule

PSYC 15 Introduction to Child Psychology
3 Units (Degree Applicable, CSU, UC)
Lecture: 54
Prerequisite: Eligibility for ENGL 1A

Examines the psychology of the child from conception through adolescence. Emphasis on physical, cognitive, and psychosocial development as it pertains to the child’s psychological experiences. Includes psychological disorders and therapies specific to children and adolescents. This course does not fulfill Title 22 requirement for child development majors.
Course Schedule

PSYC 17 Introduction to Human Services
3 Units (Degree Applicable, CSU)
Lecture: 54
Advisory: PSYC 1A or PSYC 1AH or SOC 1 or SOC 1H

History, philosophy and development of human services in America. Explores careers in human services, self-exploration in matching personal and professional interests to entry levels of human services employment.
Course Schedule

PSYC 19 Abnormal Psychology
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 120)
Lecture: 54
Prerequisite: PSYC 1A or PSYC 1AH

Students will be familiarized with psychological, biological, and sociocultural approaches to understanding abnormal behavior, including DSM-5 psychiatric disorders such as anxiety, depressive, and psychotic disorders and explore psychological principles underlying psychopathology.
Course Schedule

PSYC 20 Introduction to Social Psychology
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 170)
Lecture: 54
Prerequisite: Eligibility for ENGL 1A

Individual human behavior in relation to the social behavior and social influences on behavior. Topics include: aggression, prejudice and stereotypes, interpersonal attraction, attitudes and attitude change, conformity and obedience, group phenomena, gender roles, cultural norms, person perception, and social cognition and perception.
Course Schedule

PSYC 25 The Psychology of Women
3 Units (Degree Applicable, CSU, UC)
Lecture: 54
Advisory: PSYC 1A (taken prior or concurrently), and ENGL 1A (taken prior or concurrently)

A biopsychosocial analysis of the role of gender in the experience of women. Psychological, sociocultural and biological factors, and current scholarly research relating to women’s gender identity, development, socialization, motivation, mental health, and relationships.
Course Schedule

PSYC 26 Psychology of Sexuality
3 Units (Degree Applicable, CSU, UC, C-ID #: PSY 130)
Lecture: 54
Prerequisite: Eligibility for ENGL 68

Explores the factors involved in establishing and maintaining intimate sexual relationships. The focus of the course is on the findings of social psychologists concerning sexuality and love relationships in our culture.
Course Schedule

PSYC 33 Psychology for Effective Living
3 Units (Degree Applicable, CSU, C-ID #: PSY 115)
Lecture: 54

Emphasis on comprehension and application of psychological principles to daily life and personal growth. Topics include interpersonal relationships, sexuality, self and social influence, positive psychology, career and work, marriage and intimate relationships, parenting, aging, physical health, and other circumstances encountered in the life cycle. Considers personality development, psychological disorders, and therapeutic approaches, while emphasizing the importance of multicultural sensitivity and scientific research in the aforementioned topics.
Course Schedule

PSYC 99 Special Projects in Psychology
1-3 Units (Degree Applicable, CSU)
Lecture: 18-54
Prerequisite: PSYC 1A or PSYC 1AH and Eligibility for ENGL 1A or ENGL 1AH
Advisory: READ 100

Offers selected students recognition for their academic interest in psychology and the opportunity to explore the discipline of psychology in greater depth. The content of the course and the methods of study vary from semester to semester and depend on the particular project under consideration.
Course Schedule