

FAMILY & CONSUMER SCIENCES (FCS)

FCS 41 Life Management

3 Units (Degree Applicable, CSU)

Lecture: 54

Life skills for effective self-management now and in the future. Examines theories of life management including Maslow's Hierarchy of Needs and how it can be applied to daily use of one's resources including energy, abilities, priorities, and money. Major topics include steps in value clarification, goal setting, resource allocation, decision-making, priority management, money management, workplace management, communication skills, and healthy habits. In addition, the course explores the effect of cultural forces and future trends.

FCS 51 Consumerism: The Movement, its Impact, and Issues

3 Units (Degree Applicable, CSU)

Lecture: 54

Analysis of the role of consumption in economic systems. The consumer movement past, present, and future viewed as a response to economic and social conditions. Contemporary consumer issues, information sources, legislation, and protection.

FCS 80 Personal Financial Planning

3 Units (Degree Applicable, CSU)

Lecture: 54

Integrative approach to personal finance focusing on practical financial decision making as well as the social, psychological, and physiological contexts in which those decisions are made. Students will examine their relationships with money, set personal goals, and develop a plan to meet those goals. Topics include consumerism, debt, healthcare, investing, retirement, long-term care, disability, death, and taxes. Students may not earn credit for both BUSA 71 and FCS 80.

FCS 91 Work Experience in Family and Consumer Sciences

1-3 Units (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 60-225

Prerequisite: Compliance with work experience regulations as designated in the College Catalog

Provides Family and Consumer Science majors with actual on-the-job experience in an approved work site related to classroom-based learning. A minimum of 75 paid or 60 non-paid clock hours per semester of supervised work is required for each unit of credit. It is recommended that the hours per week be equally distributed throughout the semester. Work experience placement is not guaranteed but assistance is provided by the Family and Consumer Sciences faculty. Instructor approval required.