DANCE: ACTIVITY (DNCE)

DNCE 1 Ballet Fundamentals
0.5-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-108

Fundamental vocabulary, technique, and movement combinations for ballet. Includes ballet floor work, ballet barre, center practice, floor progressions, and musicality and phrasing.

Course Schedule

DNCE 2A Ballet I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)

Beginning vocabulary, technique, and movement combinations for ballet. Includes barre work, center floor work, floor progressions, preparation for turning, and musicality and phrasing.

Course Schedule

DNCE 2B Ballet II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)

Intermediate technique, vocabulary, and movement combinations for ballet. Includes intermediate barre work, demi-pointe work, use of epaulement and increasingly difficult center floor combinations. Students who repeat this course will improve proficiency through continued instruction and practice.

Course Schedule

DNCE 3 Ballet Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Introduces the experienced dance student to the performance aspect of ballet. Includes advanced barre work, center work, floor progressions, and performance of classical ballet variations.

Course Schedule

DNCE 4 Choreography
0.5-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-108
Advisory: DNCE 12A or DNCE 12B or DNCE 13

Techniques of choreography and dance composition. Designed for the experienced dancer.

Course Schedule

DNCE 8 Latin Dance I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Latin styles of dance. Includes Cha Cha, Samba, Rumba, Pasodoble and Jive.

Course Schedule

DNCE 9 Dance Audition Techniques
1 Unit (Degree Applicable, CSU)
(May be taken for option of letter grade or Pass/No Pass)
Lecture: 9 Lab: 36
Advisory: DNCE 14A

Dance audition preparation, practice, and skill development for the commercial industry. Designed for the intermediate or advanced dancer.

Course Schedule

DNCE 10 Modern Fundamentals
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Fundamental vocabulary, technique, and movement combinations for Modern Dance. Includes floor work, center work, floor progressions, musicality and phrasing.

Course Schedule

DNCE 11A Social Dance Forms I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Fundamentals of music, dance positions, dance formations, and choreography to be used in the study of, but not limited to Swing, Salsa, Waltz, Foxtrot, and Tango.

Course Schedule

DNCE 11B Social Dance Forms II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Advanced study of dance positions, dance formations, music and choreography to be used in the study of, but not limited to Swing, Salsa, Waltz, Foxtrot and Tango.

Course Schedule

DNCE 12A Modern I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Beginning terminology, technique, and movement combinations for Modern dance.

Course Schedule

DNCE 12B Modern II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Intermediate terminology, technique, and movement combinations for Modern dance. Students who repeat this course will improve skills through further instruction and practice.

Course Schedule
DNCE 13 Modern Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken four times for credit)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Performance aspects of Modern dance, including advanced terminology, technique, choreographic elements, and performance for the experienced dance student.
Course Schedule

DNCE 14A Jazz I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Beginning vocabulary, technique, and movement combinations for jazz dance. Includes warm-up, progressions, and center floor routines.
Course Schedule

DNCE 14B Jazz II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Intermediate vocabulary, technique, and movement combinations for jazz dance. Includes warm-up, progressions, and center floor routines.
Course Schedule

DNCE 15 Jazz Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Introduces the experienced dancer to the performance styles and techniques of jazz dance. Includes advanced warm-up, floor progressions, and performance of complex jazz dance routines.
Course Schedule

DNCE 17 Jazz Fundamentals
0.5-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-108
Introduces fundamental vocabulary, technique, and movement combinations for jazz dance. Includes floor work, center work, floor progressions, routines, and musicality and phrasing.
Course Schedule

DNCE 18A Tap I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Beginning level technique, rhythms and routines for tap dance.
Course Schedule

DNCE 18B Tap II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Intermediate technique, rhythms, and routines for tap dance.
Course Schedule

DNCE 19 Tap Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Introduces the experienced dancer to the performance aspects of tap by providing advanced techniques leading to the performance of compositions.
Course Schedule

DNCE 22 Dance Rehearsal
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Designed for the experienced dancer to work in a rehearsal environment and to be a participant in the beginning elements of concert production. Students who repeat this course will improve skills through further instruction and practice.
Course Schedule

DNCE 24 Dance Production
1-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 54-108
Designed for the experienced dancer to apply previously learned choreographic skill, to conduct stage rehearsals and learn costuming techniques.
Course Schedule

DNCE 25 Dance Ensemble
1.5 Units (Degree Applicable, CSU)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 81
Prerequisite: Admission by audition
Small ensemble dance experience with a focus on production elements. Includes experience in story development, choreography, and performance culminating in the practical application of a series of public presentations. Attendance is required at all public performances including off-campus locations.
Course Schedule

DNCE 28 Theater Dance I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Beginning theatre dance variations drawn from a variety of theater musicals and movies. Includes concepts of acting and staging incorporated with musical theatre choreography.
Course Schedule

DNCE 29 Theater Dance II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Advanced theatre dance variations for the technically skilled dancer drawn from a variety of theater musicals and movies. Includes concepts of acting and staging incorporated with musical theatre choreography.
Course Schedule
DNCE 30  Contemporary Dance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Advisories: DNCE 12B and DNCE 13  
Intermediate to advanced terminology, technique, and movement combinations for Contemporary dance.  
Course Schedule

DNCE 31  Classical Dance  
0.5-2 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-108  
Advanced ballet repertoire focusing on the different schools of technique including Balanchine, Bouronville, and Vaganova.  
Course Schedule

DNCE 32  Commercial Dance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning terminology, styles, techniques, and movement combinations for Hip Hop dance. Includes Hip Hop choreographic skills.  
Course Schedule

DNCE 33  Improvisation  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning to advanced improvisation in dance and choreography.  
Course Schedule

DNCE 34  Dance Directives  
0.5-1 Units (Degree Applicable, CSU)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Prerequisite: Admission by audition  
Provides the intermediate or advanced student the practical experience to assist an instructor in the creation and instruction of a dance class.  
Course Schedule

DNCE 35  Repertory  
2 Units (Degree Applicable, CSU, UC)  
(May be taken four times for credit)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 108  
Prerequisite: Admission by audition  
Advanced choreography and repertory to perform at workshops, competitions, and special events. Students who repeat this course will improve skills through further instruction and practice.  
Course Schedule

DNCE 36  Commercial Dance II  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Styles of Hip Hop dance. Intermediate and advanced levels of Hip Hop dance routines. Includes Hip Hop choreographic skills.  
Course Schedule

DNCE 39  Pilates Fundamentals  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Pilates foundation mat-work. Conditioning exercises and body awareness resulting in improved alignment, strength, flexibility, control, and coordination. Includes an introduction to the Pilates Reformer.  
Course Schedule

DNCE 39A  Alignment and Correctives I  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Pilates method of conditioning. Includes mat-work, Reformer and special conditioning exercises and body awareness resulting in improved alignment, strength, flexibility, control, coordination and breathing.  
Course Schedule

DNCE 40  Conditioning Through Dance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Improves fitness through the coordination of dance exercises. Focuses on strength, flexibility, and range of motion. Designed for the dancer and non-dancer.  
Course Schedule

DNCE 41  Pilates I  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Advisory: DNCE 39 or DNCE 39A  
Pilates beginning and intermediate mat-work and beginning Reformer. Includes Pilates stick and the Magic Circle.  
Course Schedule

DNCE 42  Pilates II  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Advisory: DNCE 41  
Pilates intermediate mat, reformer, and Pilates stick and beginning Wunda Chair, step barrel, and Ped-a-Pul. Includes use of physioball in mat work.  
Course Schedule
DNCE 43 Pilates III

0.5-1 Units (Degree Applicable, CSU, UC)
Lab: 36-54
Prerequisite: DNCE 42

Pilates intermediate and advanced mat, reformer (with use of Jumpboard), Wunda Chair (with use of split pedal), and Pilatesstick. Includes beginning Cadillac and High Barrel.

Course Schedule