DANCE: ACTIVITY (DNCE)

DNCE 1  Ballet Fundamentals
0.5-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-108

Fundamental vocabulary, technique, and movement combinations for ballet. Includes ballet floor work, ballet barre, center practice, floor progressions, and musicality and phrasing.

DNCE 2A  Ballet I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Beginning vocabulary, technique, and movement combinations for ballet. Includes barre work, center floor work, floor progressions, preparation for turning, and musicality and phrasing.

DNCE 2B  Ballet II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
(May be taken four times for credit)
Intermediate technique, vocabulary, and movement combinations for ballet. Includes intermediate barre work, demi-pointe work, use of epaulement and increasingly difficult center floor combinations. Students who repeat this course will improve proficiency through continued instruction and practice.

DNCE 3  Ballet Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Advanced barre work, center work, floor progressions, and performance of classical ballet variations for ballet dance.

DNCE 4  Choreography
0.5-2 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-108
Advisory: DNCE 12A or DNCE 12B or DNCE 13

Techniques of choreography and dance composition. Designed for the experienced dancer.

DNCE 8  Latin Dance I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Latin styles of dance. Includes Cha Cha, Samba, Rumba, Pasodoble and Jive.

DNCE 10  Modern Fundamentals
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Fundamental vocabulary, technique, and movement combinations for Modern Dance. Includes floor work, center work, floor progressions, musicality and phrasing.

DNCE 11A  Social Dance Forms I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Fundamentals of music, dance positions, dance formations, and choreography to be used in the study of, but not limited to Swing, Salsa, Waltz, Fox trot, and Tango.

DNCE 11B  Social Dance Forms II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Advanced study of dance positions, dance formations, music, and choreography to be used in the study of, but not limited to, Swing, Salsa, Waltz, Fox trot, and Tango.

DNCE 12A  Modern I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Beginning terminology, technique, and movement combinations for Modern dance.

DNCE 12B  Modern II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Intermediate terminology, technique, and movement combinations for Modern dance. Students who repeat this course will improve skills through further instruction and practice.

DNCE 13  Modern Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Performance aspects of Modern dance, including advanced terminology, technique, choreographic elements, and performance for the experienced dance student.

DNCE 14A  Jazz I
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Beginning vocabulary, technique, and movement combinations for jazz dance. Includes warm-up, progressions, and center floor routines.

DNCE 14B  Jazz II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Intermediate vocabulary, technique, and movement combinations for jazz dance. Includes warm-up, progressions, and center floor routines.

DNCE 15  Jazz Performance
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Introduces the experienced dancer to the performance styles and techniques of jazz dance. Includes advanced warm-up, floor progressions, and performance of complex jazz dance routines.
DNCE 17 Jazz Fundamentals  
0.5-2 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-108  
Introduces fundamental vocabulary, technique, and movement combinations for jazz dance. Includes floor work, center work, floor progressions, routines, and musicality and phrasing.

DNCE 18A Tap I  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning level technique, rhythms, and routines for tap dance.

DNCE 18B Tap II  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Intermediate technique, rhythms, and routines for tap dance.

DNCE 19 Tap Performance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Introduces the experienced dancer to the performance aspects of tap by providing advanced techniques leading to the performance of compositions.

DNCE 22 Dance Rehearsal  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning rehearsal elements for the experienced dancer participating in concert production, competitions and community performances. Students who repeat this course will improve skills through further instruction and practice.

DNCE 24 Dance Production  
1-2 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 54-108  
Intermediate choreography to perform on stage and at competitions. Students will apply choreographic skill, conduct stage rehearsals, and learn costuming techniques. Students who repeat this course will improve skills through further instruction and practice.

DNCE 25 Dance Ensemble  
1.5 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 81  
Prerequisite: Admission by audition  
Small ensemble dance experience with a focus on production elements. Includes experience in story development, choreography, and performance culminating in the practical application of a series of public presentations. Attendance is required at all public performances including off-campus locations.

DNCE 28 Theater Dance I  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning theatre dance variations drawn from a variety of theater musicals and movies. Includes concepts of acting and staging incorporated with musical theater choreography.

DNCE 29 Theater Dance II  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Advanced theatre dance variations for the technically skilled dancer drawn from a variety of theater musicals and movies. Includes concepts of acting and staging incorporated with musical theater choreography.

DNCE 30 Contemporary Dance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Advisory: DNCE 12B and DNCE 13  
Intermediate to advanced terminology, technique, and movement combinations for Contemporary dance.

DNCE 31 Classical Dance  
0.5-2 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-108  
Advanced ballet repertoire focusing on the different schools of technique including Balanchine, Bourbonville, and Vaganova.

DNCE 32 Commercial Dance  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning terminology, styles, techniques, and movement combinations for Hip Hop dance. Includes Hip Hop choreographic skills.

DNCE 33 Improvisation  
0.5-1 Units (Degree Applicable, CSU, UC)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Beginning to advanced improvisation in dance and choreography.

DNCE 34 Dance Directives  
0.5-1 Units (Degree Applicable, CSU)  
(May be taken for option of letter grade or Pass/No Pass)  
Lab: 36-54  
Prerequisite: Admission by audition  
Provides the intermediate or advanced student the practical experience to assist an instructor in the creation and instruction of a dance class.
DNCE 35 Repertory
2 Units (Degree Applicable, CSU, UC)
(May be taken four times for credit)
(May be taken for option of letter grade or Pass/No Pass)

Prerequisite: Admission by audition

Advanced choreography and repertory to perform at workshops, competitions, and special events. Students who repeat this course will improve skills through further instruction and practice.

DNCE 36 Commercial Dance II
0.5-1 Units (Degree Applicable, CSU, UC)
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Intermediate to advanced terminology, styles, and movement combinations for Hip Hop dance. Includes Hip Hop choreographic skills.

DNCE 39 Pilates Fundamentals
0.5-1 Units (Degree Applicable, CSU, UC)
UC Credit Limitation
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Pilates foundation mat-work. Conditioning exercises and body awareness resulting in improved alignment, strength, flexibility, control, and coordination. Includes an introduction to the Pilates Reformer.

DNCE 40 Conditioning Through Dance
0.5-1 Units (Degree Applicable, CSU, UC)
UC Credit Limitation
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54

Improves fitness through the coordination of dance exercises. Focuses on strength, flexibility, and range of motion. Designed for the dancer and non-dancer.

DNCE 41 Pilates I
0.5-1 Units (Degree Applicable, CSU, UC)
UC Credit Limitation
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Advisory: DNCE 39 or DNCE 39A

Pilates beginning and intermediate mat-work and beginning Reformer. Includes Pilatesstick and the Magic Circle.

DNCE 42 Pilates II
0.5-1 Units (Degree Applicable, CSU, UC)
UC Credit Limitation
(May be taken for option of letter grade or Pass/No Pass)
Lab: 36-54
Advisory: DNCE 41

Pilates intermediate mat, reformer, and Pilatesstick and beginning Wunda Chair, step barrel, and Ped-a-Pul. Includes use of physioball in mat work.

DNCE 43 Pilates III
0.5-1 Units (Degree Applicable, CSU, UC)
UC Credit Limitation
Lab: 36-54
Prerequisite: DNCE 42

Pilates intermediate and advanced mat, reformer (with use of Jumpboard), Wunda Chair (with use of split pedal), and Pilatesstick. Includes beginning Cadillac and High Barrel.