

# ALCOHOL DRUG COUNSELING (AD)

## AD 1 Alcohol and Drug Dependency

**3 Units** (Degree Applicable, CSU, C-ID #: ADS 110X)

Lecture: 54

Presents an overview of alcohol and chemical dependencies and ramifications. Explores the impact these dependencies have upon the individual's social, psychological, economic, and physiological well-being as well as community and family concerns. Examines the myths, images, and stereotypes about substances and substance abusers. Explores various approaches to recovery. Includes familiarization with terms.  
Course Schedule

## AD 2 Physiological Effects of Alcohol and Drugs

**3 Units** (Degree Applicable, CSU, C-ID #: ADS 140X)

Lecture: 54

Examines effects of alcohol and drugs on the human body. Includes tolerance, habituation, cross-tolerance, and synergistic effect.  
Course Schedule

## AD 3 Chemical Dependency: Intervention, Treatment and Recovery

**3 Units** (Degree Applicable, CSU)

Lecture: 54

Examines techniques used in chemical dependency treatment. Analyzes types of treatment programs and the essentials of recovery. Focus on evidence-based treatments of addiction.  
Course Schedule

## AD 4 Issues in Domestic Violence

**3 Units** (Degree Applicable)

Lecture: 54

History, law, and psychology of domestic violence. Cultural, social aspects, and relationship to substance abuse explored.  
Course Schedule

## AD 5 Chemical Dependency: Prevention and Education

**1.5 Units** (Degree Applicable, CSU)

Lecture: 27

Reviews and examines drug abuse prevention effectiveness, at both the private and public level. Evaluates current drug abuse prevention programs and the necessary steps for developing, funding, and managing a program.  
Course Schedule

## AD 6 Dual Diagnosis

**3 Units** (Degree Applicable, CSU)

Lecture: 54

Overview of the complex interactions of mental disorders and chemical dependency. Reviews and examines the key areas involving dual diagnosis: definition, diagnosis, treatment, and aftercare.  
Course Schedule

## AD 8 Group Process and Leadership

**3 Units** (Degree Applicable, C-ID #: ADS 130X)

Lecture: 54

Advisory: AD 1, AD 2, AD 3 taken prior and AD 4, AD 5, AD 6 taken prior or concurrently

Introduces the theory and practice of group counseling, the group process and dynamics of group interaction.  
Course Schedule

## AD 9 Family Counseling

**3 Units** (Degree Applicable)

Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3) taken prior AND (AD 4 and AD 5 and AD 6) taken prior or concurrently

Theory and practice of family counseling, family systems and dynamics, effects of chemical dependency, and counseling techniques.  
Course Schedule

## AD 10 Client Record and Documentation

**1.5 Units** (Degree Applicable)

Lecture: 27

Advisory: AD 1, AD 2, AD 3 taken prior and AD 4, AD 5, AD 6 taken prior or concurrently

Documentation methods required by government regulatory bodies in clinical records. Emphasis on biopsychosocial history.  
Course Schedule

## AD 11 Techniques of Intervention and Referral

**3 Units** (Degree Applicable, C-ID #: ADS 120 X)

Lecture: 54

Advisory: AD 1, AD 2, AD 3 taken prior and AD 4, AD 5, AD 6 taken prior or concurrently

Practice techniques used for crisis intervention, counseling, intake and referral. Experiential format, allows participants to practice skills in attentive listening, and responding to levels of client communication.  
Course Schedule

## AD 15A Introduction to Laws and Ethics for Addictions Counselors

**1 Unit** (Degree Applicable, CSU)

Lecture: 18

Prerequisite: AD 1, and AD 2, and AD 3, and AD 4, and AD 5, and AD 6

Corequisite: AD 82

Introduction to ethical, legal, and clinical standards for addictions counselors.  
Course Schedule

## AD 15B Law and Ethics For Addictions Counselors

**1 Unit** (Degree Applicable, CSU)

Lecture: 18

Prerequisite: AD 15A

Corequisite: AD 82

Seminar in professional ethics, laws, and clinical practice standards for addiction counselors. Students will become proficient in the ethical and legal requirements for addiction counselors. Students will become proficient in the identification and application of clinical practice standards for addiction counselors. Requires concurrent enrollment in AD 82.  
Course Schedule

**AD 82 Work Experience in Alcohol and Drug Counseling**

**2-4.5 Units** (Degree Applicable, CSU)

(May be taken for Pass/No Pass only)

Prerequisite: Compliance with Work Experience regulations as designated in the College Catalog

Corequisite: AD 15A or AD 15B

Work experience in an Alcohol and Drug treatment program or facility. Students will gain actual work experience by observing and performing the core functions of an addictions counselor. Students must complete a minimum of 126 hours and a maximum of 252 hours which may require students to take this course twice in order to complete the 252 hours required for the certificate.

Course Schedule