

ADDICTION COUNSELING (AD)

AD 1 Alcohol and Drug Dependency

3 Units (Degree Applicable, CSU, C-ID #: ADS 110 X)
Lecture: 54

Presents an overview of alcohol and chemical dependencies and ramifications. Explores the impact these dependencies have upon the individual's social, psychological, economic, and physiological well-being as well as community and family concerns. Examines the myths, images, and stereotypes about substances and substance abusers. Explores various approaches to recovery. Includes familiarization with terms.

AD 2 Physiological Effects of Alcohol and Drugs

3 Units (Degree Applicable, CSU, C-ID #: ADS 140X)
Lecture: 54

Examines effects of alcohol and drugs on the human body. Includes tolerance, habituation, cross-tolerance, and synergistic effect.

AD 3 Addiction: Prevention, Intervention, and Recovery

3 Units (Degree Applicable, CSU)
Lecture: 54

Provides a comprehensive overview of theories, practices, and outcomes of the most generally accepted and scientifically supported models of prevention, intervention, treatment, and recovery for addiction and other substance-related problems. Primary, secondary, and tertiary methods of prevention will be introduced and assessed. Strategies such as education, public policies, media/information dissemination, ethnic, cultural, gender-specific approaches, environmental risk reduction, and alternatives will be presented and assessed for their application to different target populations.

AD 4 Issues in Domestic Violence

3 Units (Degree Applicable)
Lecture: 54

History, law, and psychology of domestic violence. Cultural, social aspects, and relationship to substance abuse explored.

AD 5 Chemical Dependency: Prevention and Education

1.5 Units (Degree Applicable, CSU)
Lecture: 27

Reviews and examines drug abuse prevention effectiveness, at both the private and public level. Evaluates current drug abuse prevention programs and the necessary steps for developing, funding, and managing a program.

AD 6 Co-Occurring Disorders

3 Units (Degree Applicable, CSU, C-ID #: ADS 190 X)
Lecture: 54

Overview of the complex interactions of mental disorders and chemical dependency. Reviews and examines the key areas involving co-occurring disorders: definition, diagnosis, treatment, and aftercare.

AD 8 Group Process and Leadership

3 Units (Degree Applicable, C-ID #: ADS 130X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3 and AD 4 and AD 5 and AD 6) taken prior or concurrently

Theory and practice of group counseling, the group process, and dynamics of group interaction.

AD 9 Family Counseling

3 Units (Degree Applicable, C-ID #: ADS 180 X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3) taken prior and (AD 4 and AD 5 and AD 6) taken prior or concurrently

Theory and practice of family counseling, family systems and dynamics, effects of chemical dependency, and counseling techniques.

AD 10 Case Management and Documentation

3 Units (Degree Applicable, C-ID #: ADS 170 X)
Lecture: 54

Prerequisite: AD 1 and AD 2 and AD 3

Corequisite: (AD 4 and AD 5 and AD 6) taken prior or concurrently

The importance of record keeping and how to complete comprehensive documentation to meet clinical and legal regulations. Students will gain hands on experience with a variety of current, industry accepted documents with an emphasis on state and federal expectations impacting substance abuse treatment records.

AD 11 Techniques of Interviewing and Counseling

3 Units (Degree Applicable, C-ID #: ADS 120 X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3) taken prior and (AD 4 and AD 6) taken prior or concurrently

Introduction to theories, models, and the basic principles of interviewing and counseling that promote helping relationships within a diverse treatment population. Students will learn and practice basic skills in attentive listening, assessing, crisis intervention, and recognizing and responding to different levels of communication as it pertains to paraprofessionals. Specific emphasis is placed on self-awareness and self-care.

AD 15A Introduction to Laws and Ethics for Addictions Counselors

1 Unit (Degree Applicable, CSU)
Lecture: 18

Prerequisite: AD 1 and AD 2 and AD 3 and AD 4 and AD 5 and AD 6

Corequisite: AD 82

Introduction to ethical, legal, and clinical standards for addictions counselors.

AD 15B Law and Ethics for Addictions Counselors

1 Unit (Degree Applicable, CSU)
Lecture: 18

Prerequisite: AD 15A

Corequisite: AD 82

Seminar in professional ethics, laws, and clinical practice standards for addiction counselors. Students will become proficient in the ethical and legal requirements for addiction counselors. Students will become proficient in the identification and application of clinical practice standards for addiction counselors. Requires concurrent enrollment in AD 82.

AD 82 Work Experience in Addiction Counseling

2 Units (Degree Applicable, CSU)

(May be taken two times for credit)

(May be taken for Pass/No Pass only)

Prerequisite: Compliance with Work Experience regulations as designated in the College Catalog

Corequisite: AD 15A or AD 15B

Work experience in an addiction treatment program or facility. Students will gain actual work experience by observing and performing the core functions of an addictions counselor. Students must complete a minimum of 252 hours in two semesters. 126 hours in two separate semesters is required. Students must take this course twice in order to complete the 252 hours required for the certificate.