

# ATHLETIC TRAINER AIDE I (CERTIFICATE E0802)

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## Kinesiology, Athletics and Dance Division Certificate E0802

The Athletic Trainer Aide I Certificate provides minimal experience necessary to assist High School Athletic Trainers and Athletic Health Care Providers in the community. Students desiring a Bachelor's Degree (transfer program) should consult with an advisor to discuss transferability of courses.

### Required Courses

Course Prefix	Course Name	Units
KIN 3	First Aid and CPR	3
or KIN 5	Advanced First Aid/CPR/Emergency Response	
KIN 19	Introduction to Care/Prevention of Activity/Sports-Related Injuries	3
KIN 34	Fitness for Living	3
KIN 92	Work Experience - Athletic Training	2-3
<b>Total Units</b>		<b>11-12</b>

Kinesiology, Athletics, and Dance Website (<http://www.mtsac.edu/kinesiology/>)

### Program Learning Objectives

*Upon successful completion of this program, a student will be able to:*

- Identify daily tasks of operating an athletic training room, pre and post practice, and pre and post competition.
- Create athletic injury documentation in hard copy format and on computerized injury tracking systems.
- Recognize injuries and conditions to be treated that require protection of the health care provider, the patient, and the health care facility.
- Apply the HOPS (History, Observation, Palpation, and Special Tests) procedure during injury evaluation, under the supervision of a certified athletic trainer.
- Provide acute and sub-acute care for athletic injuries and condition, including, but not limited to modalities, manual therapy, and therapeutic exercise.

Review Student Learning Outcomes (SLOs) (<http://www.mtsac.edu/instruction/outcomes/sloinfo.html>) for this program.