

ADDICTION COUNSELING (AD)

AD 1 Alcohol and Drug Dependency

3 Units (Degree Applicable, CSU, C-ID #: ADS 110 X)
Lecture: 54

Presents an overview of alcohol and chemical dependencies and ramifications. Explores the impact these dependencies have upon the individual's social, psychological, economic, and physiological well-being as well as community and family concerns. Examines the myths, images, and stereotypes about substances and substance abusers. Explores various approaches to recovery. Includes familiarization with terms.

AD 2 Physiological Effects of Alcohol and Drugs

3 Units (Degree Applicable, CSU, C-ID #: ADS 140 X)
Lecture: 54

Examines effects of alcohol and drugs on the human body. Includes tolerance, habituation, cross-tolerance, and synergistic effect.

AD 3 Addiction: Prevention, Intervention, and Recovery

3 Units (Degree Applicable, CSU, C-ID #: ADS 150 X)
Lecture: 54

Provides a comprehensive overview of theories, practices, and outcomes of the most generally accepted and scientifically supported models of prevention, intervention, treatment, and recovery for addiction and other substance-related problems. Primary, secondary, and tertiary methods of prevention will be introduced and assessed. Strategies such as education, public policies, media/information dissemination, ethnic, cultural, gender-specific approaches, environmental risk reduction, and alternatives will be presented and assessed for their application to different target populations.

AD 4 Issues in Domestic Violence

3 Units (Degree Applicable)
Lecture: 54

History, law, and psychology of domestic violence. Cultural, social aspects, and relationship to substance abuse explored.

AD 6 Co-Occurring Disorders

3 Units (Degree Applicable, CSU, C-ID #: ADS 190 X)
Lecture: 54

Overview of the complex interactions of mental disorders and chemical dependency. Reviews and examines the key areas involving co-occurring disorders: definition, diagnosis, treatment, and aftercare.

AD 8 Group Process and Leadership

3 Units (Degree Applicable, C-ID #: ADS 130 X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3 and AD 4 and AD 6) taken prior or concurrently

This course covers theory and practice of group counseling. Process and overview of group dynamics is emphasized. Training and demonstration of various evidence based practices and manualized curriculums.

AD 9 Family Counseling

3 Units (Degree Applicable, C-ID #: ADS 180 X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3 and AD 4 and AD 6) taken prior or concurrently

Theory and practice of family counseling, family systems and dynamics, effects of chemical dependency, and counseling techniques.

AD 10 Case Management and Documentation

3 Units (Degree Applicable, C-ID #: ADS 170 X)
Lecture: 54

Prerequisite: AD 1 and AD 2 and AD 3 and AD 4 and AD 6

The importance of record keeping and how to complete comprehensive documentation to meet clinical and legal regulations. Students will gain hands-on experience with a variety of current, industry accepted documents with an emphasis on state and federal expectations impacting substance abuse treatment records.

AD 11 Techniques of Interviewing and Counseling

3 Units (Degree Applicable, C-ID #: ADS 120 X)
Lecture: 54

Advisory: (AD 1 and AD 2 and AD 3) taken prior and (AD 4 and AD 6) taken prior or concurrently

Introduction to theories, models, and the basic principles of interviewing and counseling that promote helping relationships within a diverse treatment population. Students will learn and practice basic skills in attentive listening, assessing, crisis intervention, and recognizing and responding to different levels of communication as it pertains to paraprofessionals. Specific emphasis is placed on self-awareness and self-care.

AD 15A Introduction to Laws and Ethics for Addiction Counselors

1 Unit (Degree Applicable, CSU)
(May be taken for Pass/No Pass only)
Lecture: 18

Prerequisite: AD 1 and AD 2 and AD 3 and AD 4 and AD 6

Corequisite: AD 82A

Introduction to ethical, legal, and clinical standards for addiction counselors.

AD 15B Law and Ethics for Addiction Counselors

1 Unit (Degree Applicable, CSU)
Lecture: 18

Prerequisite: AD 15A and AD 82A

Corequisite: AD 82B

Seminar in professional ethics, laws, and clinical practice standards for addiction counselors. Students will become proficient in the ethical and legal requirements for addiction counselors. Students will become proficient in the identification and application of clinical practice standards for addiction counselors. Requires concurrent enrollment in AD 82B.

AD 82A Work Experience in Addiction Counseling A

2 Units (Degree Applicable, CSU)

(May be taken for Pass/No Pass only)

Lab: 126-150

Prerequisite: *Compliance with Work Experience regulations as designated in the College Catalog*

Corequisite: AD 15A

Formerly AD 82

Work experience in an addiction treatment program or facility. Students will gain actual work experience by observing and performing the core functions of an addiction counselor. Students must complete a minimum of 252 hours in two semesters. 126 hours in two separate semesters is required. Students must take both work experience A & B in order to complete the 252 hours required for the certificate and the AS degree. Students enrolled in work Experience will earn two units of academic credit for every 126 unpaid or 150 paid hours of work per term.

AD 82B Work Experience in Addiction Counseling B

2 Units (Degree Applicable, CSU)

(May be taken for Pass/No Pass only)

Lab: 126-150

Prerequisite: *Compliance with Work Experience regulations as designated in the College Catalog*

Corequisite: AD 15B

Advanced work experience course in an addiction treatment program or facility. Students will gain actual work experience by observing and performing the core functions of an addictions counselor in this second course of a two course sequence. Students must complete a minimum of 252 hours over two semesters. This course provides the second 126 hours required to meet requirements for the certificate and AS degree.